



None of These Diseases

Part 2

Exodus 16: 26

- If thou wilt diligently hearken to the voice of the Lord, thy God, and wilt do that which is right in His sight, and wilt give ear to His commandments and keep all His statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians; for I am the Lord that healeth thee.”

1 John 5:3

- For this is the love of God, that we keep His Commandments, and His commandments are not grievous.



- This is why it is important to remember that obedience without love is no obedience at all and that there is no love without obedience.
- Love and obedience go hand in hand.

Genesis 2: 26-27

- And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.
- So God created man in His own image, in the image of God created He him; male and female created He them

Genesis 2:7

- And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.



- Man was the crowning act of the creation of God, made in the image of God, and designed to be a counterpart of God. . . . Man is very dear to God, because he was formed in His own image.
- As Adam came forth from the hand of his Creator he was of noble height and of beautiful symmetry. He was more than twice as tall as men now living upon the earth, and was well proportioned. His features were perfect and beautiful. His complexion was neither white nor sallow, but ruddy, glowing with the rich tint of health. Eve was not quite as tall as Adam. Her head reached a little above his shoulders. She too was noble, perfect in symmetry, and very beautiful.
- Man came from the hand of God perfect in every faculty of mind and body; in perfect soundness, therefore in perfect health. [...]
- Created to be "the image and glory of God," Adam and Eve had received endowments not unworthy of their high destiny. Graceful and symmetrical in form, regular and beautiful in feature, their countenances glowing with the tint of health and the light of joy and hope, they bore in outward resemblance the likeness of their Maker.

Psalms 139: 13-16

- For Though hast possessed my reins: Thou hast covered me in in my mother's womb.
- I will praise Thee; for I am fearfully and wonderfully made: marvelous are Thy works; and that my soul knoweth right well.
- My substance was not hid from Thee, when I was made in secret, and curiously wrought in the lowest parts of the earth.
- Thine eyes did see my substance, yet being unperfect; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them

- The mechanism of the human body cannot be fully understood; it presents mysteries that baffle the most intelligent. It is not as the result of a mechanism, which, once set in motion, continues its work, that the pulse beats, and breath follows breath. . . . The beating heart, the throbbing pulse, every nerve and muscle in the living organism, is kept in order and activity by the power of an ever-present God.
- The Creator of man has arranged the living machinery of our bodies. Every function is wonderfully and wisely made. And God has pledged Himself to keep this human machinery in healthful action if the human agent will obey His laws and cooperate with God. Every law governing the human machinery is to be considered just as truly divine in origin, in character, and in importance as the Word of God. Every careless, inattentive action, any abuse put upon the Lord's wonderful mechanism, by disregarding His specified laws in the human habitation, is a violation of God's law. We may behold and admire the work of God in the natural world, but the human habitation is the most wonderful.





1 Corinthians 3:16-17

- Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?
- If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are



Genesis 1:29

- And God said, Behold , I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in which is the fruit of a tree yielding seed; to you it shall be for meat.



Gen 3:18

- ...and you shall eat the herb of the field



Gen 2: 2-3

- And on the seventh day God ended His work which He had made; and He rested on the seventh day from all His work which He had made.
- And God blessed the seventh day and sanctify it : because that in it He had rested from all His work which God created and made.

Genesis 2:16

- And God took the man and put him into the garden of Eden to dress it and keep it



Gen 2: 10-14

- And a river went out of Eden to water the garden; and from thence it was parted, and become into four heads:
- ...Pison,
- ...Gihon,
- ...Hiddekel,
- ...Euphrates.

Genesis 2: 8

- God planted a garden eastward in Eden; and there He put the man whom he had formed



- The Saviour in His miracles revealed the power that is continually at work in man's behalf to sustain and to heal him. Through the agencies of nature, God is working, day by day, hour by hour, moment by moment, to keep us alive, to build up and restore us. When any part of the body sustains injury, a healing process is at once begun; nature's agencies are set at work to restore soundness. But the power working through these agencies is the power of God. All life-giving power is from Him. When one recovers from disease, it is God who restores him. . . .
- The words spoken to Israel are true today of those who recover health of body or health of soul. "I am the Lord that healeth thee."
- The desire of God for every human being is expressed in the words, "Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth."
- Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies.

- Man came from the hand of God perfect in every faculty of mind and body; in perfect soundness, therefore in perfect health
- God endowed man with so great vital force that he has withstood the accumulation of disease brought upon the race in consequence of perverted habits, and has continued for six thousand years. . . .
- If Adam, at his creation, had not been endowed with twenty times as much vital force as men now have, the race, with their present habits of living in violation of natural law, would have become extinct

○ My Life Today, p. 131

2 Timothy 3:16-17

- All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.
- That the men of God may be complete, thoroughly equipped for every good work.

Matthew 7:7

- Ask, and it shall be given you; seek and ye shall find; knock, and it shall be open unto you



- Heaven is a school; its field of study, the universe; its teacher, the Infinite One. [...] There, when the veil that darkens our vision shall be removed, and our eyes shall behold that world of beauty of which we now catch glimpses through the microscope; when we look on the glories of the heavens, now scanned afar through the telescope; when, the blight of sin removed, the whole earth shall appear in "the beauty of the Lord our God," what a field will be open to our study! There the student of science may read the records of creation and discern no reminders of the law of evil. He may listen to the music of nature's voices and detect no note of wailing or undertone of sorrow. In all created things he may trace one handwriting--in the vast universe behold "God's name writ large," and not in earth or sea or sky one sign of ill remaining. [...] There will be open to the student, history of infinite scope and of wealth inexpressible. Here, from the vantage ground of God's word, the student is afforded a view of the vast field of history and may gain some knowledge of the principles that govern the course of human events. But his vision is still clouded, and his knowledge incomplete. Not until he stands in the light of eternity will he see all things clearly.

- Christ had been the guide and teacher of ancient Israel, and He taught them that health is the reward of obedience to the laws of God. The Great Physician who healed the sick in Palestine had spoken to His people from the pillar of cloud, telling them what they must do, and what God would do for them. "If thou wilt diligently hearken to the voice of the Lord thy God," He said, "and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the Lord that healeth thee" (Ex. 15:26). . . . When they fulfilled the conditions, the promise was verified to them. "There was not one feeble person among their tribes" (Ps. 105:37)

○ The Desire of Ages,, p. 823, 824

- It is not only the privilege, but the sacred duty, of all to understand the laws God has established in their beings. . . . And as they more fully understand the human body, . . . they will seek to bring their bodies into subjection to the noble powers of the mind. The body will be regarded by them as a wonderful structure, formed by the Infinite Designer, and given in their charge to keep this harp of a thousand strings in harmonious action.
- To make a success of Christian life, the development of sound minds in sound bodies is of the greatest importance.
- The harmonious, healthy action of all the powers of body and mind results in happiness; the more elevated and refined the powers, the more pure and unalloyed the happiness.

○ My Life Today, p.15

- Let the mind become intelligent and the will be placed on the Lord's side, and there will be a wonderful improvement in the physical health.
- Sickness of the mind prevails everywhere. Nine tenths of the diseases from which men suffer have their foundation here. . . . The religion of Christ . . . is one of its most effectual remedies, for it is a potent soother of the nerves.
- Heaven is all health; and the more deeply heavenly influences are realized, the more sure will be the recovery. . . .
- Godliness does not conflict with the laws of health, but is in harmony with them. The fear of the Lord is the foundation of all real prosperity.
- We should cooperate with God in the care of our bodies. Love for God is essential for life and health. Faith in God is essential for health. In order to have perfect health, our hearts must be filled with love and hope and joy in the Lord.